Bangor Open Club Championships 2016

Aurora Aquatic Complex, Bangor

Sunday 5th June 2016
Under Swim Ireland Rules
Licence No : TBA

Bangor Open Club Championships 2016
Order of Events
Session 1 - Short Course Format
Warm Up 9.00am Start 9.45am

No.		Age	Event
1	Girls	8/u	25m Freestyle (HDW)
2	Boys	8/u	25m Freestyle (HDW)
3	Girls	9	25m Freestyle (HDW)
4	Boys	9	25m Freestyle (HDW)
5	Girls	10	25m Freestyle (HDW)
6	Boys	10	25m Freestyle (HDW)
7	Girls	8/u	25m Breaststroke (HDW)
8	Boys	8/u	25m Breaststroke (HDW)
9	Girls	9	25m Breaststroke (HDW)
10	Boys	9	25m Breaststroke (HDW)
11	Girls	10	25m Breaststroke (HDW)
12	Boys	10	25m Breaststroke (HDW)
13	Girls	8/u	25m Backstroke (HDW)
14	Boys	8/u	25m Backstroke (HDW)
15	Girls	9	25m Backstroke (HDW)
16	Boys	9	25m Backstroke (HDW)
17	Girls	10	25m Backstroke (HDW)
18	Boys	10	25m Backstroke (HDW)
19	Girls	8/u	25m Butterfly (HDW)
20	Boys	8/u	25m Butterfly (HDW)
21	Girls	9	25m Butterfly (HDW)
22	Boys	9	25m Butterfly (HDW)
23	Girls	10	25m Butterfly (HDW)
24	Boys	10	25m Butterfly (HDW)
25	Girls	10/u	100m IM (HDW)
26	Boys	10/u	100m IM (HDW)

All Events Are Age On Day of Competition 5th June 2016

Bangor Open Club Championships 2016
Order of Events
Session 2 – Long Course Format
Warm Up 1.00pm Start 2.00pm

No.		Age	Event
1	Girls	11/u,12-14,15+	200m IM (HDW)
2	Boys	11/u,12-14,15+	200m IM (HDW)
3	Girls	11/u,12-14,15+	50m Freestyle (HDW)
4	Boys	11/u,12-14,15+	50m Freestyle (HDW)
5	Girls	11/u,12-14,15+	100m Breaststroke (HDW)
6	Boys	11/u,12-14,15+	100m Breaststroke (HDW)
7	Girls	11/u,12-14,15+	200m Backstroke (HDW)
8	Boys	11/u,12-14,15+	200m Backstroke (HDW)
9	Girls	11/u,12-14,15+	50m Butterfly (HDW)
10	Boys	11/u,12-14,15+	50m Butterfly (HDW)
11	Girls	11/u,12-14,15+	100m Freestyle (HDW)
12	Boys	11/u,12-14,15+	100m Freestyle (HDW)
13	Girls	11/u,12-14,15+	200m Breaststroke (HDW)
14	Boys	11/u,12-14,15+	200m Breaststroke (HDW)
15	Girls	11/u,12-14,15+	50m Backstroke (HDW)
16	Boys	11/u,12-14,15+	50m Backstroke (HDW)
17	Girls	11/u,12-14,15+	100m Butterfly (HDW)
18	Boys	11/u,12-14,15+	100m Butterfly (HDW)
19	Girls	11/u,12-14,15+	200m Freestyle (HDW)
20	Boys	11/u,12-14,15+	200m Freestyle (HDW)
21	Girls	11/u,12-14,15+	50m Breaststroke (HDW)
22	Boys	11/u,12-14,15+	50m Breaststroke (HDW)
23	Girls	11/u,12-14,15+	100m Backstroke (HDW)
24	Boys	11/u,12-14,15+	100m Backstroke (HDW)
25	Girls	11/u,12-14,15+	200m Butterfly (HDW)
26	Boys	11/u,12-14,15+	200m Butterfly (HDW)

All Events Are Age On Day of Competition 5th June 2016

Bangor Open Club Championships 2016
Meet Information

Date Sunday 5th June 2016

Venue Bangor Aurora, Bangor, Co. Down

Session 1 10 lane 25m Pool - Electronic Timing - Warm Up 9.00am Start 9.45am
Session 2 10 lane 50m Pool - Electronic Timing - Warm Up 1.00pm Start 2.00pm

Session times may be adjusted when all entries have been processed. Any change in session time will be notified with confirmation of entry acceptances. Should the need arise Bangor SC has the right to restrict entries to ensure a smooth running event.

Entries **Please note there are 2 Entry Files for this Gala – one for Session 1 and one for Session 2. Entries can only be made on Hy-tek. The Programme can be downloaded from the club website www.bangorsc.co.uk or from the Swim Ulster website www.swimulster.com Entry files should be returned to Paul Dennis at pauldennis1@btinternet.com.**

Closing Date - 22nd May 2016

Entry Fees **£5.00 per event. Fees should be paid by Sunday 29th May 2016. All Cheques should be made payable to Bangor SC and sent to Mr Colin McCaughey, Treasurer, Bangor SC, 3 Valentine Road, Bangor, BT20 4TH.**

Entry Times **Please submit entry times for seeding in the Hy-tek programme. No entry times will be seeded in the first heats.**

Age **All events are age on the day of competition (5th June 2016).**

Events

Session 1 – Short Course Format - 25m in all strokes and 100 Individual Medley in age groups 8/u, 9, 10 for both boys and girls. All events are HDW.
Session 2 – Long Course Format - 11/u, 12-14 and 15+ age groups in 50m, 100m and 200m events on all strokes plus 200IM for both boys and girls. All events are HDW and all heats will be swum as combined age groups and seeded on submitted times.

Awards **Medals will be awarded to 1st, 2nd, 3rd placed swimmers in each age group.**