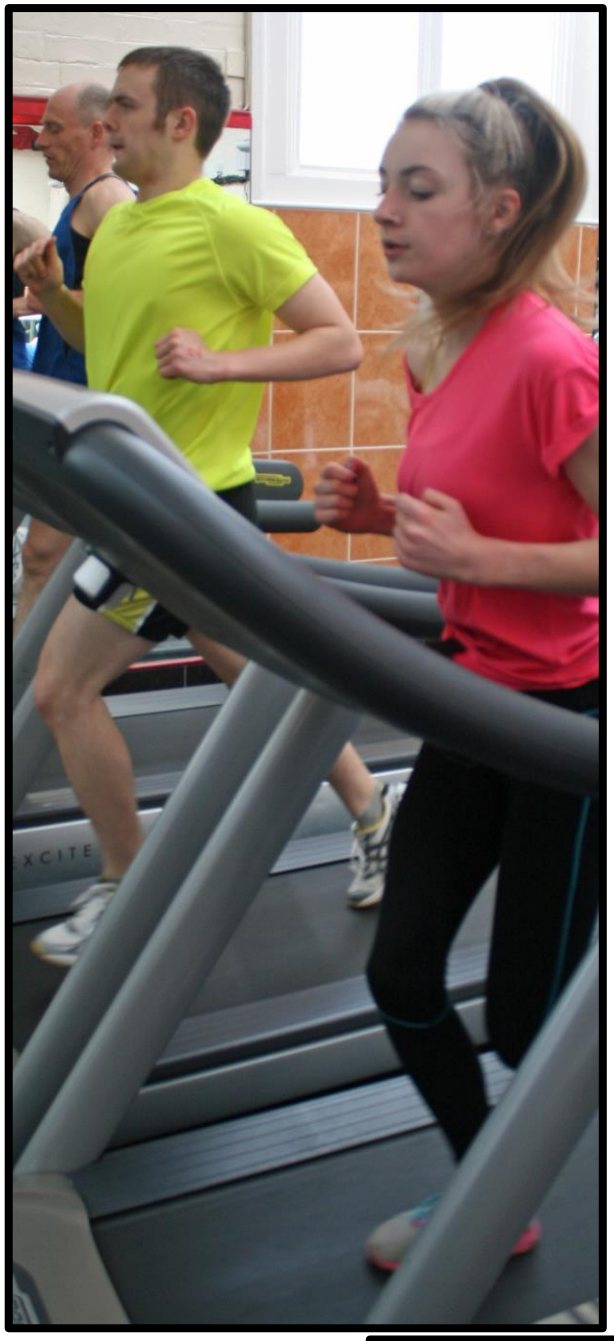Templemore Indoor Triathlon April 2015