Pre-Season Training Aug 2014
Application Form

Senior Squads Swimmers

Pre-Season Training for our Senior Squad Swimmers will this year run over the final 2 weeks in August giving a great opportunity for some intensive development in advance of next season. Please book early!

All sessions will be held in the Templemore pool.

Session	Dates	Time	
Senior Squads	Sat 16th – Fri 29th August **Cost: £45**	Sat 16th	11.30am – 1.30pm
		Mon 18th	9.00am – 11.00am
		Wed 20th	9.00am – 11.00am
		Thu 21st	9.00am – 11.00am
		Fri 22nd	5.00pm – 7.00pm
		Sat 23rd	11.30am – 1.30pm
		Mon 25th	9.00am – 11.00am
		Wed 27th	5.15am – 7.15am
		Thu 28th	5.00pm – 7.00pm
		Fri 29th	5.15am – 7.15am

Enrolment Form

Name: **DOB:**

Address: **Medical Conditions:**

Parent/Guardian: **Contact Tel:**
Email:

Session	Dates	Please Tick
Senior Squads	Sat 16th – Fri 29th August	

You can use the postbox in Templemore to return your form and payment or alternatively post to our Club Treasurer, David Elliott, 15 Hanwood Park, Dundonald, BT16 1XW
All cheques should be made payable to "Templemore ASC"

Visit us on the web at www.templemore.org.uk