SWIM ULSTER

Winter Open SC Championships

Event Information

Date	15-17 November 2013
Venue	Bangor Aurora Aquatics & Leisure Complex, Bangor, BT20 4TH
Age Groups	Open Meet; Minimum age of entry is 9yrs
Age Up Date	Age on last day of meet
Events	50m, 100m, 200m all four strokes – heats and finals (A final only) 100m, 200m Individual Medley – heats and finals (A final only) 400m Individual Medley HDW 400m Freestyle, 800m Freestyle, 1500m Freestyle HDW 4 x 100m MTR, 4 x 100m FTR, 4 x 200m FTR HDW swum as finals (Clubs may only enter one Senior and one Junior team per event)
Seeding	Preliminary Heats – the placing of competitors in the heats will be spearheaded and swum fastest to slowest, with the three fastest heats being cyclically seeded. HDW events – the placing of competitors in the heats will be spearheaded and swum slowest to fastest, with the three fastest heats being cyclically seeded. Relay Entries – clubs should enter up to 8 swimmers at the time of submitting entries and generate an entry time on Hytek. Clubs not submitting an entry time will be seeded in the slowest heat.
Awards	Individual Events • Ulster Open 1st, 2nd, 3rd place • Ulster Champion – Perpetual Trophy • Ulster Junior Champion based on times recorded in heats

Additional Youth medals will also be awarded to the top 3 in each event (excluding 50m) based on heat swims to males aged 16 & younger and females aged 14 & younger (on last day of the meet).

Relay Events

- Ulster Open 1st, 2nd, 3rd place
- Ulster Champions
- Ulster Junior Champions – medals to 1st place team

A Junior is defined for placing purposes as:

- Males – under 18 on the last day of the meet
- Females – under 16 on the last day of the meet

Entries Qualifying times are in place for this meet; please see enclosed standards for further information. Qualifying times must be achieved in the year prior to the closing date of this event.

All entries must be submitted electronically using Hytek's Team Manager or Team Manager Lite software:

Entry Fees **£5** per Individual Event, **£10** per Relay Event

Closing Date **4pm 25th October 2013**

Programme of Events – session times are provisional and will be finalised once all the entries have been processed

Session 1 Friday HEATS **(Warm-up 9.00am – Start 10.00am)**	**Session 2 Saturday HEATS** **(Warm-up 9.00am – Start 10.00am)**	**Session 3 Sunday HEATS** **(Warm-up 9.00am – Start 10.00am)**
Women 100m Free	Women 200m IM	Men 200m IM
Men 400m IM HDW	Men 100m Free	Women 400m IM HDW
Women 100m Breast	Women 50m Free	Men 400m Free HDW
Men 200m Back	Men 50m Back	Women 50m Back
Women 50m Fly	Women 200m Fly	Men 100m Back
Men 100m Breast	Men 200m Breast	Women 100m Fly
Women 200m Back	Women 50m Breast	Men 50m Breast
Men 50m Fly	Men 100m Fly	Women 200m Breast
Women 800m Free HDW	Women 100m Back	Men 200m Fly
Men 200m Free	Women 400m Free HDW	Women 200m Free
Women 100m IM	Men 1500m Free HDW	Men 50m Free
Men 100m IM		

Session 2 Friday FINALS **(Warm-up 4.00pm – Start 5.00pm)**	**Session 3 Saturday FINALS** **(Warm-up 4.00pm – Start 5.00pm)**	**Session 4 Sunday FINALS** **(Warm-up 4.00pm – Start 5.00pm)**
Women 100m Free	Women 200m IM	Men 200m IM
Men 200m Back	Men 100m Free	Women 50m Back
Women 100m Breast	Women 50m Free	Men 100m Back
Men 100m Breast	Men 50m Back	Women 100m Fly
Women 50m Fly	Women 200m Fly	Men 50m Breast
Men 50m Fly	Men 200m Breast	Women 200m Breast
Women 200m Back	Women 50m Breast	Men 200m Fly
Men 200m Free	Men 100m Fly	Women 200m Free
Women 100m IM	Women 100m Back	Men 50m Free
Men 100m IM		
Women 4 x 100m FTR	Men 4 x 100m FTR	Women 4 x 100m MTR
Men 4 x 100m MTR	Women 4 x 200m FTR	Male 4 x 200m FTR