TEMPLEMORE
AMATEUR SWIMMING CLUB

developing tomorrows talent today

Club Gala
Saturday 1st June 2013
Robinson Centre

5.30pm Warm-up
6.00pm Start

SENIOR GALA FORMAT

Please see below the format for this year's senior gala.

Age Groups are as follows:

Junior:

2005 & Younger
2004
2003

Senior:

2002
2000-2001
1998-1999
1997+

Swimmers will all compete in heats together based on pre determined time rankings regardless of age. The 6 fastest swimmers from these heats will compete in a Junior and Senior final in each of the 4 main strokes , Backstroke, Breaststroke, Butterfly and Freestyle. Gold, silver and bronze medals will be presented for these events as well as £25 gift vouchers for the winner of the Senior Final. There will be no 'Club' final in the 100IM event.

Gold, Silver and Bronze medals will be awarded to the 3 fastest swimmers in each event in each age group based on heat times.

Points will be awarded to the 6 fastest swimmers in each event in each age group as follows:
6 points for first, 5 for second, 4 for third and so on... The swimmer with the most points accumulated over 5 events will be awarded with a perpetual shield for 'best overall swimmer' in their respective age group. In addition there are 2 perpetual awards presented. The 'Coaches Shield' will be presented to the girl and boy who have, in the view of the coach, made the most personal progress throughout the season.

Can swimmers please sign up below for the events they wish to be entered in. I encourage all swimmers to enter all events. All entries must be made by Wednesday 29th May.

Girls Sign up:

Name	Back	Breast	Fly	Free	I.M

Boys Sign up:

Name	Back	Breast	Fly	Free	I.M