Antrim Open Swimming Championships 2013

Saturday 11 May Larne Leisure Centre
Sunday 12 May Larne Leisure Centre

Date: 10th April 2013

ANTRIM OPEN SWIMMING CHAMPIONSHIPS GENERAL CONDITIONS

General Outline

1. Larne Swimming Club in Partnership with Lisburn City Swimming Club, is promoting the fourth annual Antrim Open Swimming Championships. The 2013 Championships will be held over the weekend, 11/12 May 2013, using the 25m pool at Larne Leisure Centre.

2. The Antrim Open Championship is an Open event for all ages and abilities. It can afford competitors an opportunity to achieve qualification for Irish Division 1 and 2 Championships.

Events

3. Individuals may compete for all scheduled events:

   a. 50m, 100m and 200m events for all strokes

   b. 200m and 400m events for individual medley

   c. 400m, 800m, 1500m freestyle

4. All events, except for 50m Freestyle, shall be heat declared winner (HDW). The first three competitors in each Championship Age Group shall receive a Championship Medal.

   Freestyle Skins Finals The fastest six swimmers in the 50m freestyle heats shall qualify for the Freestyle Skins Finals. Prize money will be awarded for first place £50; second place £20; and third place £10.

Championship Medals

5. Medals shall be awarded as follows:

   a. 50m events: Open only

   b. 100m and 200m events: Age groups U10, 11-12, 13-14, 15-16 and 17+

   c. 400m and greater events: Age groups U12, 13-14, 15-16 and 17+

Coordinating Instructions

6. **Venue**

   a. Saturday 11 May 2013 - **Larne Leisure Centre**, BT40 1AB (6-lane, 25m pool, electronic timing, anti-wave lane ropes, café and spectator facilities)

b. Sunday 12 May 2013 - **Larne Leisure Centre**, BT40 1AB (6-lane, 25m pool, electronic timing, anti-wave lane ropes, café and spectator facilities)

7. **Programme of Events**

Session One Saturday (Larne)	**Session Three Sunday (Larne)**
Warm-up 9.00am Male first **Start 10.00am**	**Warm-up 9.00am Female first** **Start 10.00am**
111) Male 1500m Freestyle (One Heat only)	211) Female 800m Freestyle (One Heat only)
112) Female 50m Breaststroke	212) Male 50m Freestyle Heats
113) Male 100m Freestyle	213) Female 50m Freestyle Heats
114) Female 100m Backstroke	214) Male 50m Breaststroke
115) Male 50m Backstroke	215) Female 200m Backstroke
116) Female 100m Freestyle	216) Male 100m Backstroke
117) Male 400m IM	217) Female 400m IM
118) Female 200m Butterfly	218) Male 200m Butterfly
	Female 50m Freestyle Skins Final Male 50M Freestyle Skins Final
Session Two Saturday (Larne)	**Session Four Sunday (Larne)**
Warm-up 1.00pm Female first **Start 2.00pm**	**Warm-up 1.00pm Male first** **Start 2.00pm**
121) Female 400m Freestyle	221) Male 400m Freestyle
122) Male 100m Butterfly	222) Female 100m Butterfly
123) Female 50m Butterfly	223) Male 50m Butterfly
124) Male 200m Freestyle	224) Female 200m Freestyle
125) Female 200m IM	225) Male 200m IM
126) Male 200m Breaststroke	226) Female 50m Backstroke
127) Female 100m Breaststroke	227) Male 100m Breaststroke
128) Male 200m Backstroke	228) Female 200m Breaststroke

8. **Rules**

a. FINA rules will apply to the Championships.

b. **Age.** Swimmers age is defined as the last day of the meet i.e. 12 May 2013.

c. **Starts.** Over the top starts will be used wherever possible. The one start rule will be in use for all events.

d. **Timing.** An electronic timing system will be in use at both venues.

e. **Appeals.** Appeals shall be submitted in accordance with FINA procedures and will be handled by the Meet Manager and Referees.

9. **Entry Details & Fees**

a. Championship entry consideration times are shown at Annex A. Where swimmers do not have a recorded time, coaches should estimate a time.

b. Only entries made electronically will be accepted. All entries from a club shall be consolidated by a club official and submitted using HY-TEK Swim Manager software.

c. The Entry Administrator reserves the right to limit entries where the projected event duration exceeds the available pool time. Entries with times slower than the consideration times will be accepted only for events of distances up to, and including, 200m. No entries will be accepted on the day(s) of Championship. In Male 1500m Free and Female 800m Free only one heat will be run. For 1500m fastest 8 entries and for 800m fastest 6 entries will only be accepted.

d. There shall be one consolidated Championship HY-TEK entry and fee per club. The HY-TEK entry export file containing submitted entries shall reach the Entry Administrator no later than **Wednesday 24 April 2013.** HY-TEK entries files should be e-mailed to **antrimopengala@yahoo.co.uk**

e. Entry fees are £5.00 per individual event. Clubs shall provide one cheque for the consolidated payment of all entries. Last date for receipt of payment is Friday 10 May 2013. Cheques shall be made payable to "Larne Swimming Club", and forwarded to:

Theresa Kerr
Antrim Open Swimming Championships
5 Culzean Glen
LARNE
BT40 2HF

f. Once entries have been accepted there will be no refunds (exception: refunds will be made for non accepted 800m and 1500m entries)

g. Withdrawals should be made prior to each session warm-up to aid the smooth running of the meet.

10. **Volunteers.**

Clubs with 3 or more swimmers attending shall be expected to assist in the volunteer official duties (e.g. timekeepers etc). The Meet Organiser will forward to the participating clubs, a list identifying the required roles for any additional volunteers.

11. **Meet Results**

a. The Championships results will be posted on both Larne Swimming Club's and Lisburn City Swimming Club's websites within 72 hours of the meet's finish.

b. Results will be forwarded to both Swim Ulster and Swim Ireland to allow their updates to their relevant databases.

Websites

Larne Swimming Club:	larneswimmingclub.org
Lisburn City Swimming Club:	lisburncityswimmingclub.org
Swim Ulster:	swimulster.net

12. **Health & Safety**

a. No outdoors shoes shall be worn on the poolside.

b. Suitable footwear must be worn outside the pool area and particularly when moving around and climbing the steps in the competitors' area.

c. Swimmers shall not to enter the spectator's area or foyer whilst they are competing.

13. **Use of Cameras and Mobile Phones**

a. The use of all photographic equipment is strictly controlled. Spectators, coaches and swimmers are reminded that such equipment must NOT be used without a pass from the appropriate venue.

b. Mobile phone usage is forbidden inside either Lagan Valley Leisureplex or Larne Leisure Centre. This policy is actively enforced at both locations.

14. **Miscellaneous.**

Any point not covered by these rules will be at the discretion of the organisers. As appropriate, the Meet Manager's or Championship Referee's decision will be final.

Logistics

15. **Car Parking.** Free car parking is available.

16. **Refreshments.** Cafe facilities are available.

17. **Accommodation**

a. **Larne**

Curran Court Hotel
6 Redlands Road
Larne
BT40 1AX

(44) 028 28275505

currancourthotel.co.uk

Annex A to
Antrim Open Swimming
Championships 2013
Dated 9 February 2013

ENTRY CONSIDERATION TIMES

Female	Age	50FC	100FC	200FC	400FC	800FC	50BC	100BC	200BC
	U10		01:35.0					01:52.0	
	U12		01:23.3	03:03.3	06:18.0	13:12.0		01:41.1	03:28.9
	U14		01:18.9	02:59.9	06:02.2	12:39.0		01:31.9	03:12.2
	U16		01:13.6	02:47.2	05:41.2	11:55.0		01:27.2	02:53.7
	17+	42.20	01:09.2	02:42.6	05:30.7	11:33.0	48.20	01:23.8	02:51.1
Female	**Age**	**50BS**	**100BS**	**200BS**	**50BF**	**100BF**	**200BF**	**200IM**	**400IM**
	U10		01:58.0			01:52.0			
	U12		01:48.9	03:40.0		01:43.3	03:48.7	03:26.1	07:05.2
	U14		01:44.3	03:28.9		01:37.8	03:26.7	03:20.0	06:54.8
	U16		01:35.7	03:19.5		01:26.2	03:04.2	03:00.8	06:33.8
	17+	52.20	01:34.3	03:14.2	47.20	01:24.9	02:58.5	02:58.3	06:18.0
Male	**Age**	**50FC**	**100FC**	**200FC**	**400FC**	**1500FC**	**50BC**	**100BC**	**200BC**
	U10		01:32.2					01:50.2	
	U12		01:19.6	03:03.3	06:18.0	24:31:00		01:36.0	03:24.4
	U14		01:17.8	02:55.4	06:02.2	23:30.0		01:30.6	03:08.9
	U16		01:09.3	02:29.1	05:30.7	21:27.0		01:24.4	02:50.1
	17+	41.20	01:05.5	02:28.9	05:04.5	19:45.0	46.40	01:19.6	02:42.7
Male	**Age**	**50BS**	**100BS**	**200BS**	**50BF**	**100BF**	**200BF**	**200IM**	**400IM**
	U10		01:54.2			01:50.2			
	U12		01:47.8	03:47.8		01:43.3	03:42.2	03:26.1	06:49.5
	U14		01:42.8	03:33.3		01:36.7	03:24.4	03:12.1	06:39.0
	U16		01:27.1	03:11.1		01:21.9	02:58.5	02:49.5	06:15.0
	17+	51.60	01:25.9	03:00.6	46.10	01:19.6	02:48.0	02:48.9	05:57.0

Annex B to
Antrim Open Swimming
Championships 2013
Dated 9 February 2013

FREESTYLE SKINS PROTOCOL

SKINS: INSTRUCTIONS TO SWIMMERS

1. The first start for girls will be as normal: 'Take your marks' followed by the start signal.
2. After each heat the lane of the swimmer eliminated will be announced.
3. The first start for boys (90 seconds after the girls) will be as normal : 'Take your marks' followed by the start signal.
4. Each girls race and each boys race will take place 3 minutes after their previous race.
5. The second start for girls will be signalled 10 seconds before the due time by a whistle.
6. The second start for girls will be started by the hooter without further command.
7. That will be the pattern for all other starts. Whistle followed 10 seconds later by a hooter.
8. The final race will be between 2 swimmers.

TIME	WHAT?	WHO?	RESULT	EFFECT	LANE ELIMINATED
00:00	TAKE YOUR MARKS, START	WOMEN	AT FINISH REDUCE NUMBER	6 to 5	
1:30	TAKE YOUR MARKS, START	MEN	AT FINISH REDUCE NUMBER	6 to 5	
2:50	WHISTLE SIGNAL	WOMEN			
3:00	START (HOOTER ONLY)	WOMEN	AT FINISH REDUCE NUMBER	5 to 4	
4:20	WHISTLE SIGNAL	MEN			
4:30	START (HOOTER ONLY)	MEN	AT FINISH REDUCE NUMBER	5 to 4	
5:50	WHISTLE SIGNAL	WOMEN			
6:00	START (HOOTER ONLY)	WOMEN	AT FINISH REDUCE NUMBER	4 to 3	
7:20	WHISTLE SIGNAL	MEN			
7:30	START (HOOTER ONLY)	MEN	AT FINISH REDUCE NUMBER	4 to 3	
8:50	WHISTLE SIGNAL	WOMEN			
9:00	START (HOOTER ONLY)	WOMEN	AT FINISH REDUCE NUMBER	3 to 2	
10:20	WHISTLE SIGNAL	MEN			
10:30	START (HOOTER ONLY)	MEN	AT FINISH REDUCE NUMBER	3 to 2	
11:50	WHISTLE SIGNAL	WOMEN			
12:00	START (HOOTER ONLY)	WOMEN	AT FINISH IDENTIFY WINNER		
13:20	WHISTLE SIGNAL	MEN			
13:30	START (HOOTER ONLY)	MEN	AT FINISH IDENTIFY WINNER		

Antrim Open Swimming Championships 2013

Saturday 11 May Lagan Valley Leisureplex
Sunday 12 May Larne Leisure Centre

Individual Entries:_____ @ **£5.00 GBP** Each = £_____

TOTAL AMOUNT ENCLOSED:

£_____

CLUB:_____CONTACT:_____

ADDRESS:_____

PHONE [H]:_____EMAIL:_____

Closing Date for Entries on HY-TEK Wednesday 24 April 2013.
Payments by Latest Friday 10 May 2012.
Hy-Tek entries to antrimopengala@yahoo.co.uk

Payment to: (Cheque Payable to Larne Swimming Club) – Post to

Theresa Kerr

Antrim Open Gala

5 Culzean Glen

Larne BT40 2HF

County Antrim

Please ensure Payment for ALL Entries are received by Larne SC by latest Friday 10 May 2013.