National MEET QT's for 2013

For some years now the National HPC has been reviewing the standards of swimming & depth of performance in the sport. We have been looking for ways to enhance the overall development of Competition standards in Irish Swimming.

It has been noted in recent years that the following are prevalent in Irish Swimming

- Large numbers of athletes, at all age groups focusing on Freestyle events ONLY
  The qualification standards for these FC events are easier than in many other events and predictably encourages a unilateral focus for development of athletes

- Inability at National Age Group & Senior levels to fill finals in Stroke events, in particular 200M events, despite offering multiple opportunities for 'additional' swims once athletes have qualified for Age Group finals
  There is a NEED to broaden the base of events being swum in order to have a more rounded development of athletes in the sport.

- Lack of retention in upper age groups, for various reasons, one of which is believed to be the awarding of National titles from a very young age.
  The considered opinion is that double age banding (e.g 13-14, 15-16) will help to alleviate the lack of depth in the various age groups and encourage athletes to race more in heats as standards increase.

Much time has been spent on assessing the new QT's and the desire for change for the 2013 Summer Competitions with a view to establishing a structure to map progression and development in the sport of swimming on an annual basis.

A rationale and review process was undertaken on the basis outlined below and the resulting analysis presented to members of the High Performance and Competitions committees.

Process & Rationale

The process has been as follows

- Historical results of all National events (converted to LC) over the last 5 years 2008 to 2012 inclusive.

- Age groups compiled into double age groupings and ranked accordingly
  - *NB (Duplicates were not removed so there are some anomalies)*

- ALL Rankings were considered at 75th, 100th, 125th, 150th & 200th place where possible and in 10's if not possible on less developed events.

- These initial rankings have been circulated to members of HPC and reviewed

- The NEW QT's have taken previous QT's for each age group and averaged same if double age bands.

MEET QT's for 2013

- Using the historical rankings a point in each event has been chosen to ensure the following
    - Progression for each event / age group as far as is reasonable
    - Improvement in Frontcrawl standards to ensure tightening of times relative to agreed discussion with HPC
    - Maintenance of and/or expansion (softening) of standards for stroke events, where the depth was poor, in line with discussions with HPC
    - Benchmarking re previous entry standards on a relative basis.

- Dave McCullagh & Summer OPEN standards have been made

- Irish LC Trials (primary Selection meet) was initially set at a higher standard for selection but has been reviewed. For 2013 the standards will be the same as the Dave Mc & Summer open. Draft standards for 2014 are also included.

- Irish AGE Group Division 2 Standards have been benchmarked against the NEW standards and some new Age Groups have been added

Competition logistics & economic considerations

The next step was to try to assess the operational impact on changes to the competitions structures and QT's and the impact on the effective management of event. Whilst looking to increase standards, we do need to ensure that the number of swims in a given event are manageable, balanced and the event can be economically sustainable.

The standards attached are the standards being considered for the upcoming year and will continue to be reviewed, but there are not expected to be any major changes.

DATES for Competitions for 2013

EVENT	Venue	Dates	AGE on Day & FORMAT
Dave McCullagh Memorial Meet	**UL**	**22nd to 24th FEB 2013**	**22nd April – OPEN MEET**
IRISH OPEN LC Championships	**NAC**	**25th to 28th APR 2013**	**25th April – OPEN MEET**
IRISH Age Group Division 2	**UL**	**28th to 30th JUN 2013**	**18th Jul – AGE Group MEET**
IRISH Age GROUP Championships & SUMMER MEET	**NAC**	**18th to 21st JUL 2013**	**18th Jul – AGE Group Championships & OPEN MEET**

MEET QT's for 2013

Swim Ireland

IRISH AGE GROUP & SUMMER CHAMPIONSHIPS 2013
IRISH LC TRIALS 2013 & 2014 AND DAVE Mc CULLAGH Memorial Meet 2013

FEMALE					OPEN		
Event	IAG	IAG	IAG	Summer	2013		2014
	12&U	13&14	15&16	17+	Dave Mc	LC Trials	LC Trials
50FC				00:30.39	00:30.39	00:30.39	00:29.36
100FC	01:10.62	01:06.62	01:05.17	01:05.07	01:05.07	01:05.07	01:04.10
200FC	02:34.11	02:25.67	02:23.83	02:21.48	02:21.48	02:21.48	02:19.48
400FC	05:31.21	05:09.60	05:03.65	05:01.03	05:01.03	05:01.03	04:55.80
800FC	11:53.37	10:40.05	10:19.15	10:07.99	10:07.99	10:07.99	09:59.18
50BC				00:35.17	00:35.17	00:35.17	00:34.36
100BC	01:22.41	01:17.58	01:15.44	01:14.00	01:14.00	01:14.00	01:13.13
200BC	02:56.48	02:47.72	02:46.19	02:39.36	02:39.36	02:39.36	02:37.61
50BS				00:39.30	00:39.30	00:39.30	00:38.37
100BS	01:34.51	01:30.21	01:28.64	01:24.90	01:24.90	01:24.90	01:23.21
200BS	03:24.52	03:14.06	03:06.40	03:04.57	03:04.57	03:04.57	03:01.09
50BF				00:31.87	00:31.87	00:31.87	00:31.45
100BF	01:23.01	01:16.67	01:14.17	01:12.01	01:12.01	01:12.01	01:10.50
200BF	03:09.88	02:51.08	02:41.35	02:39.88	02:39.88	02:39.88	02:35.23
200IM	02:59.44	02:48.99	02:45.36	02:37.92	02:37.92	02:37.92	02:36.12
400IM	06:17.65	06:01.07	05:43.69	05:39.47	05:39.47	05:39.47	05:35.10

MALE					OPEN		
Event	IAG	IAG	IAG	Summer	2013		2014
	13&U	14&15	16&17	18+	Dave Mc	LC Trials	LC Trials
50FC				00:26.81	00:26.81	00:26.81	00:26.36
100FC	01:08.33	01:03.33	00:59.64	00:58.16	00:58.16	00:58.16	00:57.15
200FC	02:30.58	02:18.92	02:12.19	02:08.80	02:08.80	02:08.80	02:06.94
400FC	05:18.84	04:55.48	04:46.42	04:42.64	04:42.64	04:42.64	04:35.75
800FC	21:38.62	19:15.16	18:41.60	18:22.08	18:22.08	18:22.08	18:04.90
50BC				00:30.93	00:30.93	00:30.93	00:30.12
100BC	01:18.69	01:13.18	01:11.71	01:08.45	01:08.45	01:08.45	01:06.46
200BC	02:50.89	02:38.89	02:29.24	02:28.57	02:28.57	02:28.57	02:25.00
50BS				00:33.03	00:33.03	00:33.03	00:32.74
100BS	01:32.70	01:24.53	01:21.77	01:15.83	01:15.83	01:15.83	01:14.06
200BS	03:23.45	03:02.38	02:53.93	02:51.58	02:51.58	02:51.58	02:46.31
50BF				00:28.20	00:28.20	00:28.20	00:28.20
100BF	01:21.47	01:11.37	01:07.06	01:04.15	01:04.15	01:04.15	01:03.24
200BF	02:58.39	02:41.09	02:29.66	02:29.66	02:29.66	02:29.66	02:25.50
200IM	02:49.35	02:39.70	02:29.75	02:25.21	02:25.21	02:25.21	02:23.51
400IM	05:56.94	05:36.84	05:11.94	05:10.24	05:10.24	05:10.24	05:03.74

MEET OFFICIALS for 2013

Swim Ireland

IRISH AGE GROUP – DIVISION 2 CHAMPIONSHIPS 2013

FEMALE					
Event	IAG D2	IAG D2	IAG D2	IAG D2	IAG D2
	10&U	11&12	13&14	15&16	17&18
100FC	01:18.39	01:14.86	01:10.62	01:09.08	01:08.97
200FC	02:51.06	02:43.36	02:34.41	02:32.46	02:29.97
400FC	06:07.64	05:51.08	05:28.18	05:21.87	05:19.09
800FC	13:11.84	12:36.17	11:18.45	10:56.30	10:44.47
100BC	01:31.48	01:27.35	01:22.23	01:19.97	01:18.44
200BC	03:15.89	03:07.07	02:57.78	02:56.16	02:48.92
100BS	01:44.91	01:39.24	01:34.72	01:33.07	01:29.14
200BS	03:47.02	03:34.75	03:23.76	03:15.72	03:13.80
100BF	01:32.14	01:27.99	01:21.27	01:18.62	01:16.33
200BF	03:30.77	03:21.27	03:01.34	02:51.03	02:49.47
200IM	03:19.18	03:10.21	02:59.13	02:55.28	02:47.40
400IM	06:59.19	06:40.31	06:22.73	06:04.31	05:59.84

MALE					
Event	IAG D2	IAG D2	IAG D2	IAG D2	IAG D2
	11&U	12&13	14&15	16&17	18Yrs
100FC	01:15.85	01:12.43	01:07.13	01:03.22	01:01.65
200FC	02:47.14	02:39.61	02:27.26	02:20.12	02:16.53
400FC	05:53.91	05:37.97	05:13.21	05:03.61	04:59.60
1500FC	24:01.47	22:56.54	20:24.47	19:48.90	19:28.20
100BC	01:27.35	01:23.41	01:17.57	01:16.01	01:12.56
200BC	03:09.69	03:01.14	02:48.42	02:38.19	02:37.48
100BS	01:42.90	01:37.33	01:28.76	01:25.86	01:19.62
200BS	03:45.83	03:33.62	03:11.50	03:02.63	03:00.16
100BF	01:30.43	01:26.36	01:15.65	01:11.08	01:08.00
200BF	03:18.01	03:09.09	02:50.76	02:38.64	02:38.64
200IM	03:07.98	02:59.51	02:49.28	02:38.73	02:33.92
400IM	06:36.20	06:18.36	05:57.05	05:30.66	05:28.85

MEET OF THE for 2013