Senior Squad - All Sessions at Templemore

Wed 23rd	Thurs 24th	Fri 25th	Sat 26th	Sun 27th	Mon 28th	Tues 29th	Wed 30th	Thurs 31st	Fri 1st	Sat 2nd	Sun 3rd
AM 8-10 AM	AM 8-10 AM	No Training	No Training	AM 8-10 AM	AM 8-10 AM	AM 8-10 AM	AM 8-10 AM	AM 8-10 AM	No Training	No Training	Normal Session
PM 4-6pm	No Training	No Training	No Training	PM 4-6pm	PM 4-6pm	PM 4-6pm	PM 4-6pm	No Training	No Training	No Training	Normal Session