



SENIOR GALA
SATURDAY 25TH APRIL 2009
ROBINSON CENTRE
6.00PM

This gala is for swimmers born 1998 and older who feel they can swim a minimum of 50metres

Please note that there is a new format to this years gala in that ALL events in ALL age groups will be over 50metres except I.M. which will be over 100meters.

Age groups are as follows:

Minor	1998
Junior	1996 - 1997
Intermediate	1994 - 1995
Senior	1993+

Can swimmers please tick the events for which they wish to be entered below.
Please add your name and DOB if not included on the list.
If in doubt speak to your teacher/coach.

All entries need to be made by Sunday 12th April