LARNE SWIMMING CLUB PRESENTS

THE 2007 LARNE OPEN SPRINTS

(THIS IS A DESIGNATED MEET HELD UNDER SWIM IRELAND RULES)

To be held on Saturday, 6th October 2007 at Larne Leisure Centre

THE CLOSING DATE FOR ENTRIES IS 12.00 NOON ON MONDAY, 24TH SEPTEMBER

Dear Secretary,
Your entries are invited for this gala. All events are 50 metres, heats and finals. There are no relays. Qualifying times are shown below. These are the same for boys and girls.

AGE GROUP	BACKSTROKE	BREASTSTROKE	BUTTERFLY	FREESTYLE
1996/97	55.0	60.0	60.0	50.0
1994/95	50.0	55.0	50.0	45.0
1992/93	45.0	50.0	45.0	40.0
1991/earlier	42.0	45.0	40.0	36.0

The gala is divided into three self-contained sessions.

Session 1: Group A - born 1996/97 Mixed Warm-up 09.00 – 09.50: Start: 10.00
Session 2: Group B - born 1994/95 Warm-up: Girls-12.20-12.35, Boys-12.35-1250 - Start: 13.00
Session 3: Group C - born 1992/93 Warm-up: Girls-15.20-15.35, Boys-15.35-1550 - Start: 16.00
And Group D - born 1991/earlier.

Please note that entries for swimmers born later than 1997 will not be accepted.

There will be no posting of programmes. Withdrawals should be notified to the Recorder's table as soon as possible. Starting times may be adjusted slightly, depending on the number of entries. If this proves necessary, you will be notified after the consolidated entry forms are returned. Each Session will follow the same format - backstroke and breaststroke heats, followed by finals; then butterfly and freestyle heats, followed by finals. The estimated finish time is 7.30 pm.

There will be medals for first, second and third placed swimmers, and mementoes for all other finalists in all events, plus awards for the overall top boy and girl in each age group, based on their performances across all events. There will also be cash prizes on offer for record-breakers by the greatest margin in each age group - £20 for A Group, £30 for B Group & £40 for C & D Groups.

The entry fee is **£2.50 sterling** per event. Please make cheques payable to-**"Larne Swimming Club". We regret that no entries can be accepted on the day.** Please submit times for each swimmer for each event. These can be estimated times. Separate entry forms for boys (blue) and girls (pink) should be completed. You may combine more than one Age Group on each entry form. Please ensure that your Club Name and Secretary's name, address and telephone number are recorded on an entry form.
We would also ask that clubs entering four or more swimmers in a session could please nominate one volunteer timekeeper or other official for that session to help with officiating.

Please send consolidated entry forms and fees by post to –
Peter Watson, 2, Church Road, Ballynure, Ballyclare, Co. Antrim BT39 9UF.
Or by E-mail to peter-j-watson@lineone.net. **Tel: 02893 341451 or 07713884557**

Hot and cold refreshments will be on sale during the gala and we hope to have a swim-shop. A sterling/euro change facility will also be available.